

Sit Down. Be Humble.

(Intro) Opening: Dinamica – Building the church

- 1- What does it mean to be humble? ¿Qué significa ser humilde?
- 2- What are some qualities of a humble person? ¿Cuáles son algunas cualidades de una persona humilde?

Are we humbling enough to ask for help when we need it? Or are we sometimes too proud? Why do we try to figure everything out ourselves? (Give example of those that did or didn't ask for help during the dinamica)

There is nothing wrong with asking for help whether it be from members of your group, the pastor of your church, from others in the movement and there definitely isn't anything wrong with asking God for help. ¿Somos lo suficientemente humildes como para pedir ayuda cuando la necesitamos? No hay nada malo en pedir a los demás, y a Dios por ayuda. As delegates, you must lead by example. You are the bridge between your group and the rest of your parish. As delegates, you should be encouraging your group to attend mass and being involved within the church community; however, you must set the example by being involved as well. By being involved within your parish, your pastor and the community can see who the Jornadistas are in their parish. There are many ways to be involved; whether it be as a lector, a Eucharistic minister, as altar servers, ushers, or in the choir. We have to remember that it is important to take care of your parish, and your group as if it were your home. In fact, it is your home.

Many times some of us feel that our pastors give us a hard time when we ask for help, or ask to host events, or even to have some of our applications signed, but have we really given thought to the fact that it may be because they haven't seen the faces of those that want their applications signed, they haven't seen the group active and participating within the parish. Prove that your group belongs to the church! Como delegados debemos dar ejemplo. Anime a su grupo a asistir a la misa ya participar en la comunidad de la iglesia. Trate a su parroquia y su grupo como si fuera su hogar. ¡Prueba que tu grupo pertenece a la iglesia! It is a great thing to be proud of our groups, their work, their participation, along with your work as a delegate. However; you must remember that there is a difference between being proud of your accomplishments and bragging about them. As leaders, we shouldn't be patting ourselves on the back for our service. We should serve because it is in our hearts not for the acknowledgment. The Lord did everything for us because he loved us, not because he was looking for praise. Now have you really thought about why you are serving him? Hay una diferencia entre ser orgulloso de sus logros y jactarse de ellos. Como líderes, debemos servir porque está en nuestros corazones no para el reconocimiento. ¿Ha pensado realmente en por qué está sirviendo al Señor? Reading: Luke 18: 9-14 To some who were confident of their own righteousness and looked down on everyone else, Jesus told this parable: "Two men went up to the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood by himself and prayed: 'God, I

thank you that I am not like other people—robbers, evildoers, adulterers—or even like this tax collector. I fast twice a week and give a tenth of all I get.’ “But the tax collector stood at a distance. He would not even look up to heaven, but beat his breast and said, ‘God, have mercy on me, a sinner.’ “I tell you that this man, rather than the other, went home justified before God. For all those who exalt themselves will be humbled, and those who humble themselves will be exalted.”

The difference between Humbleness and Humility There might be some confusion between the meanings between the words, “humbleness” and “humility”. Humbleness refers to actions that you take in service for others. It is limited to the acts of kindness and mercy we perform, and in the way we do so. “Serving in silence.” Not looking for glory in our generosity, but giving glory to God. Kind of like how Equipazo serves in a Jornada weekend. Serving, while receiving little to no recognition. Now humility is a way of life. It is a way of thinking that involves putting others before yourself. It is living your life the way Jesus lived his life. It is living your life the way the apostles lived their lives. Hay dos significados a la palabra "humildad". Uno se refiere a la forma en que servimos en silencio, sin buscar la gloria. El otro es un modo de vida. Poner las necesidades de los demás antes que las tuyas. Vivir la vida como Jesús y sus apóstoles vivieron. Bible Readings: Calling of Peter / Calling of Matthew Think about the Apostles. When Jesus called them, they said “yes”. But that yes came with a price. They had to sacrifice many things that you and I would hesitate sacrificing. They left their families,

friends, money, possessions, and vices behind. They traded their old lives to live for nothing more than to serve the Lord, even if it meant torture or death. Cuando Jesús llamó a sus apóstoles, dijo que sí, pero eso fue a costa de sacrificar a sus familias, sus amigos, sus posesiones y sus viejos estilos de vida. Are we ready to live that kind of lifestyle? ¿Estamos listos para vivir así? Personal Testimony Though we are not one of the original 12, we are all called to be apostles. And in our apostolado we are called to live lives of humility. And though it's a bit of an oxymoron to show off how humble you are, it is imperative that others see by example. By our lives. By our love we share with others. By our love we show to God. Aunque no somos uno de los 12 originales, todos estamos llamados a ser apóstoles. Y en nuestro apostolado, estamos llamados a vivir vidas de humildad. Y ser ejemplos con nuestras vidas, y nuestro amor el uno por el otro y por Dios. How are you showing others this life of humility? ¿Cómo muestras a los demás esta vida de humildad? How are you showing your J's and Pre-Js by that example? ¿Cómo muestra ese ejemplo a su Js y Pre-Js? In the life of humility, we must make ourselves less, so that we can give God more. En la vida de la humildad, debemos hacernos menos, para que podamos dar más a Dios. It's not always about standing out. Sometimes, we are called to sit down, and be humble.

Please stand. De pies por favor.