We all have done something we aren't proud of, or isn't nice. Kind of how our anger and temptation makes us do something that could harm someone, or ourselves. Those are the works of the devil getting the best of us and pulling us away from God. That's pulling you away from being a good Catholic/ Christian.

Ask them a series of questions:

- 1. What makes a good Christian?
- 2. What does a good Christian look like?
- 3. What does a good Christian do?

I have an activity for you guys. I want everyone to write something they think would be bad to do or something about themselves is a negative trait. Then reflect off some of those comments with the kids.

You don't have to be a perfect boy/girl to be a good Catholic because the truth is no one is created perfect. We will make mistakes, make some bad decisions as we live, and you know what? God and Jesus are still going to love you.

Activity: Have the kids take their frustration, anger, and emotions at the villains. They will be in for a surprise! Have a picture of Jesus on the back of the pictures of people we think are bad.

When we sin of course we are hurting ourselves and others, and most importantly pushing away from God. However, when we do good tor others we are doing good towards

God.

Respecting our parents, friends, family, our fellow people is an important part of being a good Catholic. Helping those in need and less fortunate are part of being a good Catholic.

Spreading love to others even those we don't always agree with, have angered you or upset you are important in a good Catholic.

To forgive those that have done you wrong as hard as it could be is another important part of being a Catholic. *give an example*

Last activity: Write something positive about yourself and then something negative.

I want you guys to see who's my hero, you know him but I want you to see Him as I see Him.

Play the video "He will Carry Me" by Mark Schultz

Jesus is our hero and as long as we look to Him to know what we should be like, we will always do good. You ever heard the phrase What Would Jesus Do? or WWJD? This means that we think about Jesus in our days, in our decisions, in our daily lives and we will always do good. What better Catholic can there be?