

# Charla at the Beach Outline

- 1) Opening Prayer
- 2) Introductions
  - A) Introduce yourself (Name, Church, age, J# or Pre-J)
  - B) Favorite sea animal and why
- 3) Build Sand Castles
  - A) Divided in groups
  - B) Each group will build sand castle.
- 4) Guided Meditation
  - A) Jesus calls the first disciples on the Sea of Galilee.
- 5) Discussion
  - A) Don't let what Jesus created be destroyed.
  - B) Be the church and serve our Lord.
- 6) Closing Prayer
- 7) Announcements

## Charla at the Beach

- 1) Opening Prayer
- 2) Introductions

Everyone will get a chance to introduce themselves. They will say their names and what church they represent. They will tell us their ages and

whether they are a J or a Pre-J. Then they will answer the question: What is my favorite sea animal and why? After each person gets to express themselves we will move on to the activity.

### 3) Building Sand Castles

All of the group members will be split into groups. The number of groups will be determined by how many people go. Each group will be asked to build a sand castle. They will be provided with materials and a gallon of water. They will have 10 minutes to build the sand castle and then someone will explain why they built their sand castles the way they did. There will be no winner. Everyone did what they were supposed to.

#### 4) Guided Meditation

There will be a meditation where I lead the group members on Jesus' journey to call the first apostles.

- 1. "Paint" a picture using images or words and/or scripture.** Slowly read Mt 4: 18-22 Jesus walked along the sea and saw two men fishing. He called out to them... "Look at the seashore: Imagine the fishermen are out there in boats. Imagine how they look. (Pause) Now picture Jesus walking along the shoreline: what does he look like? (Pause) Imagine you are one of the fishermen. (Pause)." What are you thinking? What are you feeling?
- 2. Invite the person in some way encounter God in the here and now, in their own thoughts/words.**  
"He said to them, "Come after me and I will make you fishers of men." What does he mean? (Pause) What is he asking? (Pause) Ask Jesus. Ask him what does he need from you? (Pause) He is standing right here in front of you. Tell him what you want him to know. Talk to him. (Pause)
- 3. Make some resolution or act of the will.**  
At once, they left their nets and followed him. He walked some more and found two more fishermen with their father. He called

to them and they immediately left everything and their father and followed him. Imagine that. Working all day trying to catch fish. Doing your daily work to make money to support your families and you leave it all and them all behind for someone you don't even know. Now that is faith. Talk to Jesus now about these things. (Pause) How does Jesus want you to respond to him now? Take the time and listen to him speak. To what is he calling you now? In your own words, ask Jesus for help to do whatever he has asked you to do.

**4. End with some concluding prayer.**

As the first disciples chose to follow Jesus, what did they leave behind? Nets, boats, even parents-the very things they depended on for life and security! Knowing what you know of Jesus, what are you ready to leave behind in order to follow him and continue his mission?

**5) Discussion**

Think about it. Jesus started his mission on a beach like this over 5,000 miles away over 2,000 years ago. He spoke to simple fisherman. Normal men who just lived their lives and he

transformed them. He made them new. He gave them a vision of a world where the Lord was the center and their lives were at peace. So much so that those men died for that belief. They gave up their lives like their Lord and master so that this vision could come to pass. Here we are in 2017 and their vision is living. The church is vibrant and living but it could be so much more. If he called simple fishermen to begin this beautiful church, why not you? Why can't he call a simple person like you to help His mission continue? The answer is He already has. The fact that you are here on the beach listening to a charla tells me you know that. You have to share His message of love. You have to make people feel His love. Not with your words but with your actions. Show people the Jesus you have inside you. Make Jesus the center of this world so that we can make His vision come to pass even more.

6) Closing Prayer

Let us pray, Lord Jesus, we know you have called us as your disciples...help us to leave behind what is right and necessary to become fishers of men, to help us continue your mission of love, peace and togetherness in this beautiful world our father created.

Our Father, Hail Mary, Glory Be.